



King County

Health Reform Initiative

Table Top Scenario #2
Aetna – Amy has a high risk pregnancy

Background

A 1999 report by the Institute of Medicine found that up to 98,000 Americans die every year from preventable medical errors made in hospitals alone. In fact, there are more deaths in hospitals each year from preventable medical mistakes than there are from vehicle accidents, breast cancer, or AIDS. Patients have few options for controlling medical errors that occur when they are admitted to the hospital, but there is information available on the quality and safety of care provided at local area hospitals for specific procedures.

Scenario

Amy is a 38 year old woman who has just learned that she is pregnant. She knows that because she is over the age of 35 hers will be considered a high risk pregnancy. Amy lives in the downtown Seattle area and has a choice of hospitals where she will deliver her baby. She wants to make the best possible choice of hospital based on the performance of each hospital in managing high risk pregnancies.

Challenge

1. How can Amy use the Aetna hospital comparison tool to check the safety of care provided at the hospitals where she could deliver her baby within 10 miles of her 98112 zip code?

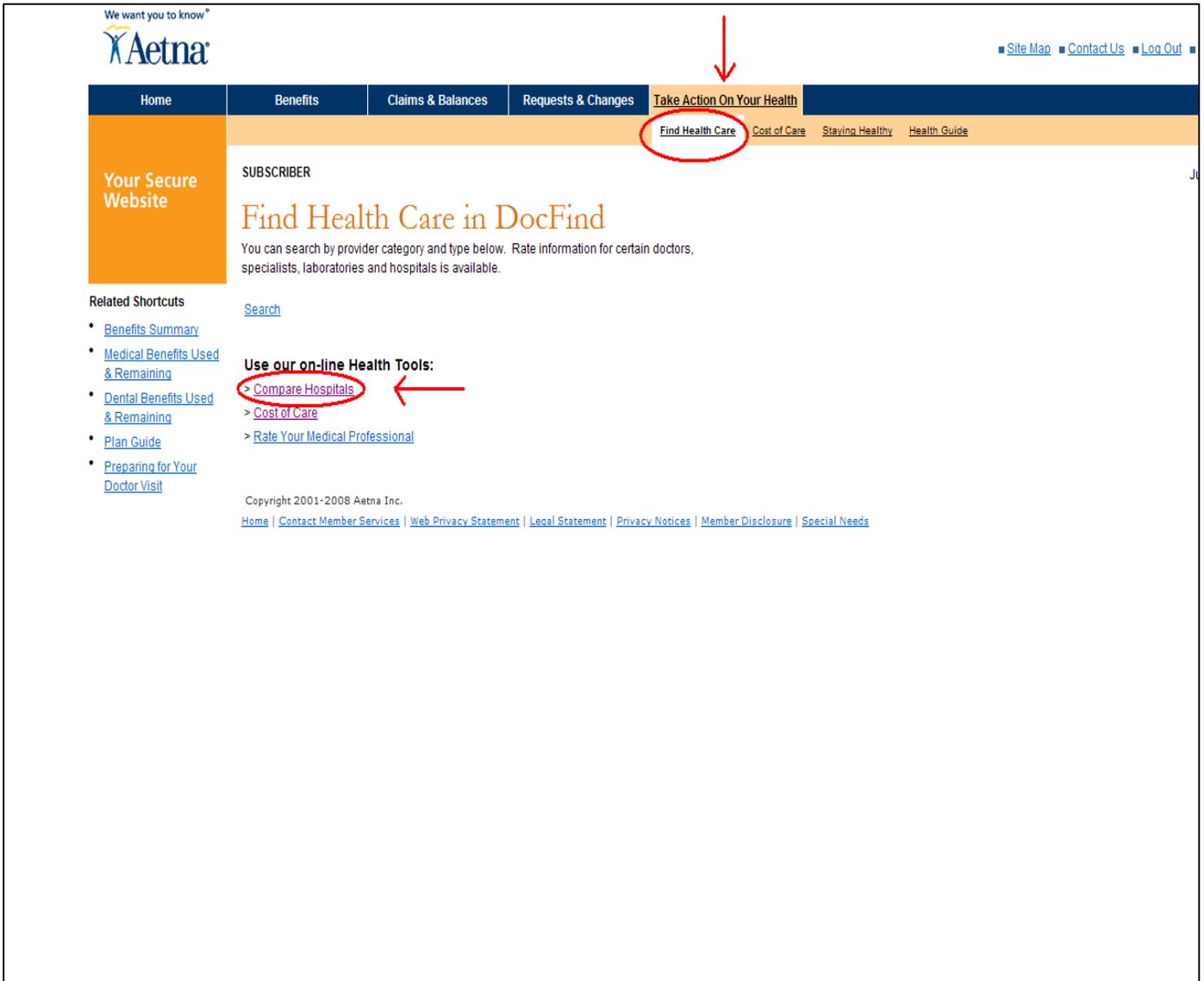
Tools

Go to Aetna Navigator (www.aetnavigatator.com)

Username: **phrfindguest1**

Password: **phrfindguest1**

a. To find the hospital comparison tool, Amy goes to the “**Take Action on your Health**” tab, selects “**Find Health Care**” and then clicks on “**Compare Hospitals.**” This tool shows side by side comparisons of local hospitals to aid patients in finding the best facility for their needs.



Amy clicks through the warnings that she is leaving a secure Aetna site.

b. To get information about safety at hospitals where she is considering delivering her baby, Amy enters the following search criteria:

Category: **Mothers and Babies**
 Procedure/Diagnosis: **Pregnancy Complications**
 Location: **98112**
 Within: **10 miles**

The network status of Aetna participating facilities is updated four times a year within this tool. To confirm whether the hospital(s) you are comparing are in the Aetna network for the product in which you are enrolled, return to Aetna Navigator and search for the hospital(s) under "Find Health Care in DocFind®".

Frequently Asked Questions

CHOOSE REPORT | CHOOSE HOSPITALS | RANK CRITERIA | VIEW REPORT

Find a hospital for a procedure or condition...

MALE FEMALE

Explanation: Problems during pregnancy are called 'anteperium' complications. A woman may develop high blood pressure (called preeclampsia when it is caused by pregnancy), infection, or diabetes (called gestational diabetes) while she is pregnant. Good prenatal care can help prevent harm to the mother or baby from these complications.

Or select a Category and a Procedure/Diagnosis from the menu below:

Category: Mothers and Babies

Procedure/Diagnosis: Pregnancy Complications

Location (city, state or zip): 98112

Within: 10 miles

Continue

Related Links: [Preeclampsia and High Blood Pressure During Pregnancy](#), [Placenta Abruptio](#), [Medical complications of prematurity](#), [Premature Labor](#), [Gestational Diabetes](#)

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c. Amy has the option of comparing her results by checking the box of different locations, and clicking on "Compare selected." After she creates the report, she can get more information on how each hospital rates on certain criteria by clicking on the tabs.

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Shown below are hospitals within 10 miles of Seattle, WA for Pregnancy Complications.

This list is based upon data from All Patients.

1 - 13 | New Search

Name	City, State	Distance	Number of Patients	Hospital Network	Compare
Swedish Medical Center	Seattle, WA	1 mi	645	Participating	<input checked="" type="checkbox"/>
University Of Washington Medical Center	Seattle, WA	2 mi	333	Participating	<input checked="" type="checkbox"/>
Evergreen Hospital Medical Center	Kirkland, WA	7 mi	95	Participating	<input checked="" type="checkbox"/>
Overlake Hospital Medical Center	Bellevue, WA	4 mi	75	Participating	<input checked="" type="checkbox"/>
Northwest Hospital	Seattle, WA	8 mi	28	Participating	<input checked="" type="checkbox"/>
Harborview Medical Center	Seattle, WA	2 mi	22	Participating	<input type="checkbox"/>
Providence Seattle Medical Center	Seattle, WA	4 mi	10	Participating	<input type="checkbox"/>
Virginia Mason Medical Center	Seattle, WA	5 mi	fewer than 10	Participating	N/A*
Children's Hospital & Regional Medical Center	Seattle, WA	2 mi	fewer than 10	Participating	N/A*
Kindred Hospital- Seattle	Seattle, WA	6 mi	fewer than 10	Participating	N/A*
Group Health Eastside Hospital	Redmond, WA	9 mi	fewer than 10	Participating	N/A*
Seattle Cancer Care Alliance	Seattle, WA	2 mi	fewer than 10	Participating	N/A*
Group Health Central Hospital	Redmond, WA	9 mi	39	Non-Participating	<input type="checkbox"/>

1 - 13 | New Search

* number of patients at this hospital for this procedure is too low to be included.

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Outcome

Identify which of the county's Health Reform Initiative goals is accomplished by how you solved the scenario:

1. Manage risk upstream – prevention of chronic disease by encouraging employees to eat smart, move more, stress less and quit tobacco.
2. Choose well -- help employees be smarter health care consumers. Educate them about how their choices impact health care costs and outcomes.
3. Empower employees to be partners in managing their own health care – give employees the tools they need to pro-actively manage their own health and ensure they are getting the best treatment possible.
4. Get employees to understand what they pay is not the cost of health care, but only their share.