About MOMS PLUS

MOMS PLUS provides a variety of services for a diverse population of pregnant and parenting women who have low incomes.

The focus of service is to improve health care access for women and their families by encouraging prenatal care, substance abuse treatment, stable housing and reduction in the risk of infant death.

Public Health
Seattle & King County

MOMS PLUS

Regional Health Outreach Services
2124 4th Ave, Suite 300
Seattle, WA 98121-2308
Phone: 206-296-7480
Fax: 206-296-7484
www.metrokc.gov/health/momsplus

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Perinatal Outreach / Infant Mortality Prevention

This program provides community outreach, resources, advocacy and support to a diverse population of low income pregnant and parenting women and their families who are in need of quality health care and social services.

- ➔ Provides assistance to pregnant women to establish prenatal care
- ➔ Provides community resources for homeless women
- ➔ Provides assistance in accessing drug/alcohol treatment
- ➔ Provides education and counseling to reduce and prevent infant mortality
- ➔ Provides problem solving, life skills counseling and intervention

Mobile WIC

- ➔ Provides nutrition education, referrals and checks for specific foods to pregnant & parenting women, infants and children at treatment sites.
- ➔ Provides nutrition counseling at treatment sites for pregnant/ early post partum women as part of Maternity Support Services.
- ➔ Provides some home delivery of WIC/MSS to pregnant/parenting women in treatment or planning to enter treatment soon.

MOMS Case Management

Support services for women who are substance using and pregnant through one year post partum.

Case management by professionals including Public Health Nurses and Social Workers

- ➔ Provides coordination of high risk care, including prenatal, dental and pediatric care
- ➔ Provides information about growth, development and health
- ➔ Provides childbirth education
- ➔ Provides parenting information about drug exposed infants and children

Coordination of treatment services

- ➔ Provides referrals to the King County Assessment Center
- ➔ Provides facilitation of entry into inpatient and outpatient treatment
- ➔ Assists with discharge planning and referrals to clean and sober housing

Referral to community resources

- ➔ Referrals to mental health counseling
- ➔ Referrals to sexual abuse/domestic violence groups
- ➔ Arranges transportation
- ➔ Referrals to parenting classes
- ➔ Provides WIC and nutritional counseling

Legal advocacy

- ➔ Provides jail outreach and coordination
- ➔ Provides referrals to treatment and legal support services