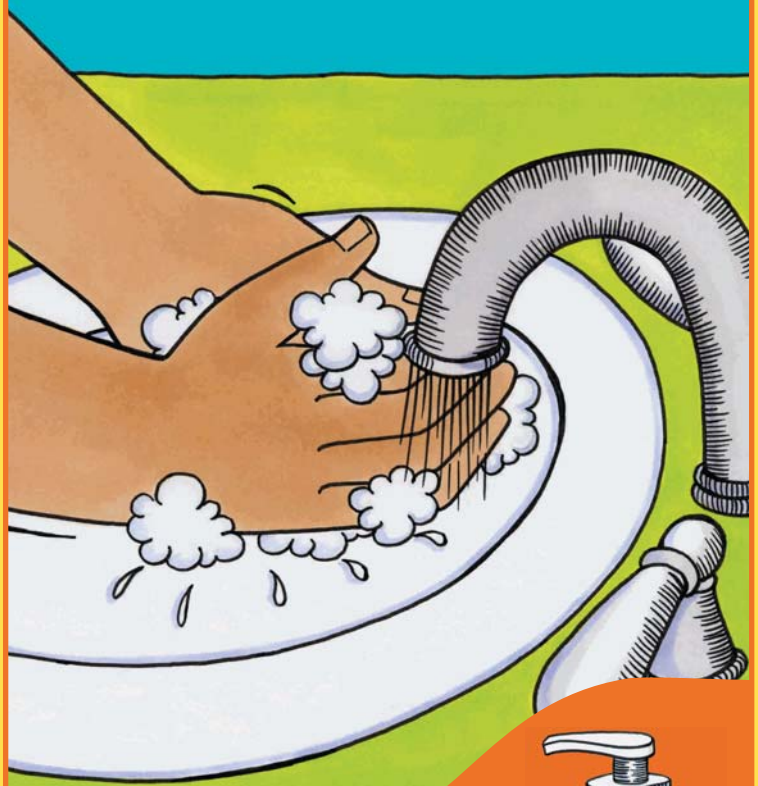
Stop Germs, Stay Healthy!

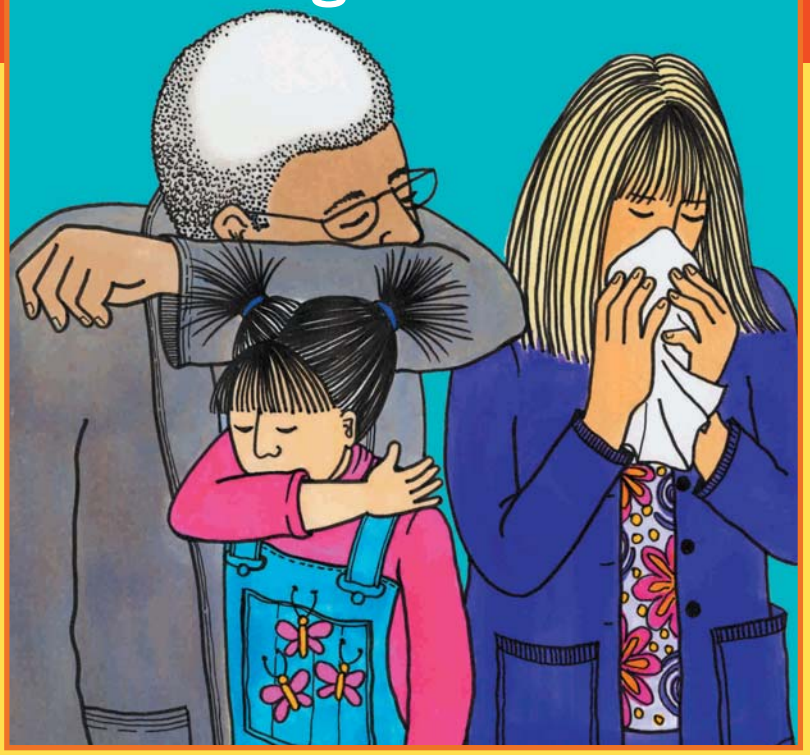
Wash hands often for 20 seconds



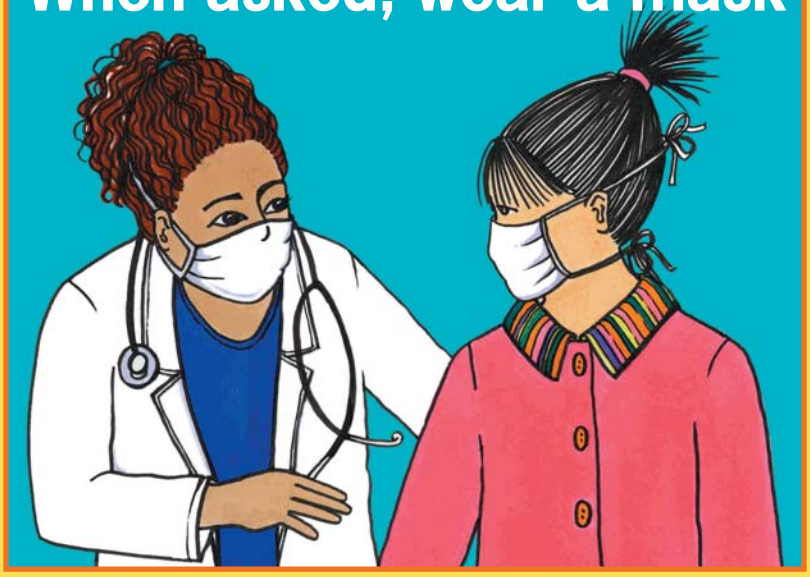
Can't wash?

Use alcohol-based hand sanitizer

Cover coughs and sneezes



When asked, wear a mask



¡Detenga los gérmenes, manténgase saludable!

- Lávese las manos frecuentemente por 20 segundos
- Use gel a base de alcohol, si no se puede lavar las manos
- Cubra su boca al toser y estornudar
- Si le piden, use una máscara

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