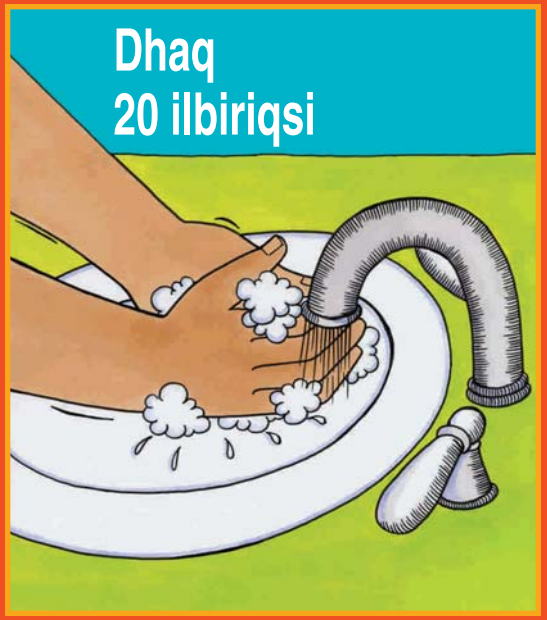
Jooji Jeermiska, Caafimad Qab!

Gacmahaaga si joogta ah ugu dhaq saabuun iyo biyo diirran



Stop Germs, Stay Healthy!

- Wash hands often with soap and warm water
- Wash for 20 seconds, rinse well, and dry
- Cover coughs and sneezes
- When sick, stay home

Public Health
Seattle & King County
HEALTHY PEOPLE. HEALTHY COMMUNITIES.

King County

www.metrokc.gov/health 206-296-4600

Waxaad helaysaa isagoo noocyo kala duwan ah

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