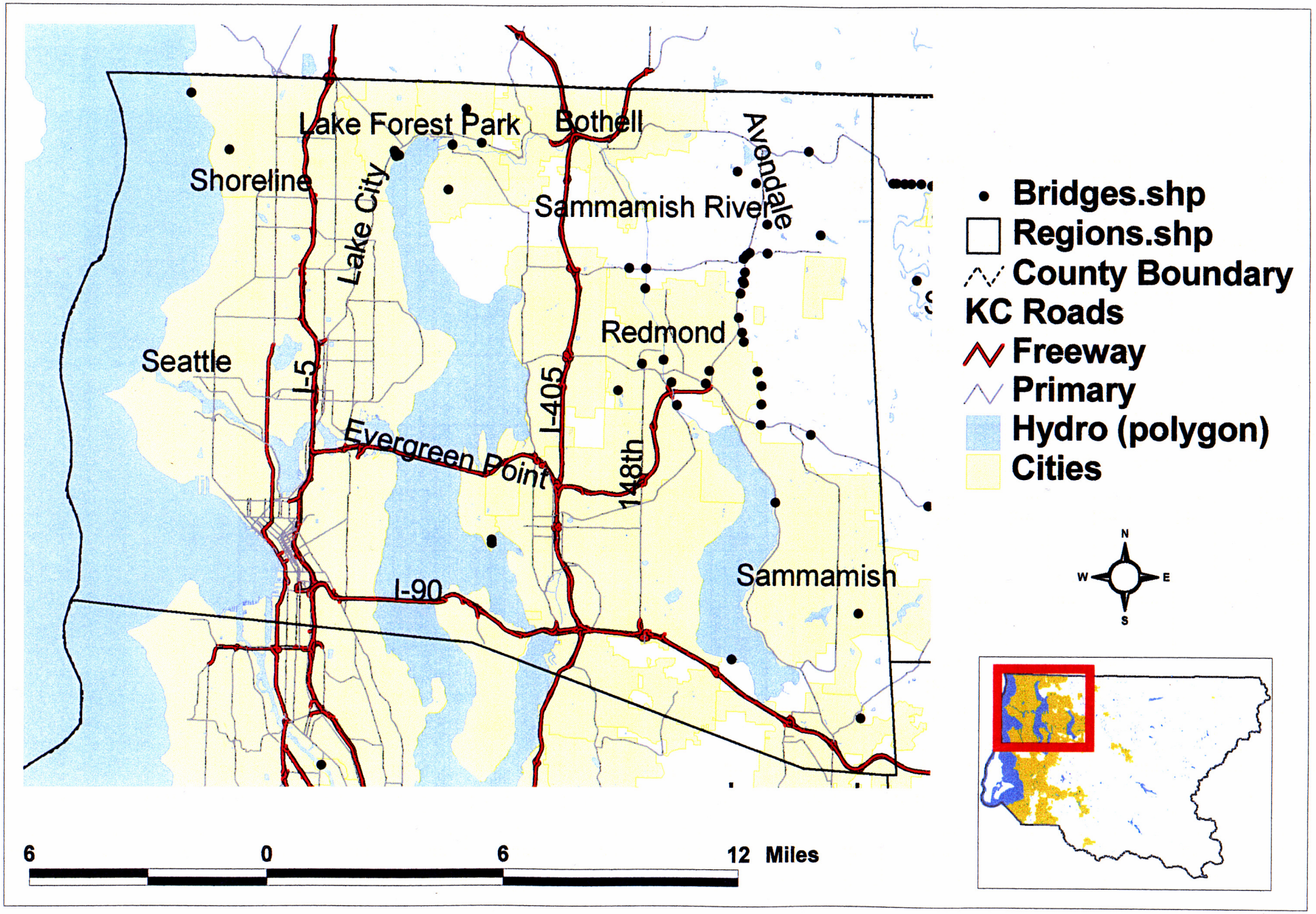King County - Redmond -Lk Forest Park Region